To register complete form & send your check payable to Bernard Langan to:

Bernard Langan In Motion Center 1091 Calcot Place Suite 412 Oakland, CA 94606

Zhong Xin Dao - I Liq Chuan – December 2022 Seminar Series



December 2022 Intensive Registration Form

	Name and (ILC Membicable)		
Email			
Your I	Liq Chuan Instructo	r	
Your S	Student Level	Instructor	Level
	Day &	Evening Seminars	are held at In Motion Center
Please	determine and write i	in your Discounted T	Cuition from Page 2
\$	Dec. 1 Thursday	12 noon - 5 pm	The Process of 'Zhong Xin Dao' Cultivating the Neutral Path
\$	Dec. 1 Thursday	7 pm - 9:30 pm	Refinements of Looping and Spikes
\$	Dec. 2 Friday	12 noon - 5 pm	Spheres within Spheres: Interaction of The 3 Planes with the 3 Engagements
\$	Dec. 2 Friday	7 pm - 9:30 pm	Rotation by Returning and Reversing The Mechanism of Balanced Power

ILC Members Grading

Dec. 4 Saturday 9:30 am – 11:30 am

You will need to Inform your ILC Instructor you are testing – get approval and Pay Your Testing fee online at www.iligchuan.com.

All Grading will be in Full ILC Uniform with Sash No Exceptions

Weekend Seminar held at Alameda Aiki Kai 2429 Clement Ave. Alameda, CA 94501 \$____ Dec. 3 Saturday **Spinning & Sticky Hands** 12:30 am - 7:30 pm **Both Days** Dec. 4 Sunday **Spinning & Sticky Hands** 10:30 am - 6:00 pm One Day 12 noon - 5 pm Using the 'Straight' & the 'Curve' \$ Dec. 5 Monday **Total** The Following Discounts PAID BY 11.23.2022 will apply to people registering for the entire December 2022 I Liq Chuan Intensive Participant non - ILC Member \$ 595 **ILC Member Student** \$ 545 **ILC Member Student Level III and above** \$ 510 **ILC Instructor Level I** \$ 485 **ILC Instructor Level II and above** \$ 435

Registration is made through your payment for the seminars.
All registration is on a first come first serve basis;
must be made and paid for in full in advance
to qualify for the discounted rates.

Discounts for ILC Members

Thursday, Friday and Monday Daytime Workshop Tuition \$ 85 Active ILC Members: \$ 80 - Students Level 3 & above: \$ 75 Certified I Liq Chuan Instructors - Level 1: \$ 70 - Level 2: \$ 65 - Level 3: \$ 60

Thursday and Friday Evening Workshop Tuition \$ 65 Active ILC Members: \$ 60 - Students Level 3 & above: \$ 55 Certified I Liq Chuan Instructors - Level 1: \$ 50 - Level 2: \$ 45 - Level 3: \$ 40

Weekend Workshop Tuition \$235

Discounts for ILC Members

Active ILC Members: \$215 - Students Level 3 & above: \$205 Certified I Liq Chuan Instructors - Level 1: \$195 - Level 2: \$185 - Level 3: \$175

PAID BY 11.23.2022 \$ 235 for 2 Days, \$125 1 Day AFTER 11.23.2022 \$ 250 2 Days, \$ 150 1 Day

To Register Contact Bernard Langan email: blangan@stillnessinmotion.com phone: (510)-261-4570