

To register send your check payable to Bernard Langan to:

*Bernard Langan
In Motion Center
1091 Calcot Place Suite 412
Oakland, CA 94606*

I Liq Chuan - Zhong Xin Dao - Spring 2018 Seminar Series



2018 Spring Intensive Registration Form

Name and (ILC Member # if applicable)

Email

Your I Liq Chuan Instructor

Your Student Level

Instructor Level

Evening Seminars

Please determine and write in your Discounted Tuition amounts below

\$_____	May 2 Wednesday	7 pm – 9:30 pm	The 3 Planes Sharing the Center Axis
\$_____	May 3 Thursday	11 am – 3 pm	Axial Rotation - Differentiating Returning vs. Reversing Forces
\$_____	May 3 Thursday	7 pm – 9:30 pm	Double Hip Circles Recognizing the Limit
\$_____	May 4 Friday	11 am – 3 pm	Skeleton – Bone as the Neutral Center
\$_____	May 4 Friday	7 pm – 9:30 pm	Body, Feeling, Movement, Conditions Application of 5 Element Nei Gung

ILC Members Upper Level Testing and Grading

All Grading will be in Full ILC Uniform with Sash No Exceptions

May 5 Saturday 9:30 am – 11:30 am

You will need to inform your ILC Instructor that you are requesting to testing by
04-24-2018 –get Instructor approval and pre pay your Testing fee online at
www.iliquan.com.

Weekend Seminar

\$ _____ May 5 Saturday Mass, Gravity and Alignment
Refining Spinning & Sticky Hands 12:30 am - 7:30 pm

Both Days _____

May 6 Sunday Sticky Hands 10:30 am - 6:00 pm

One Day _____

\$ _____ Total

The Following Discounts PAID BY 04.24.2018 will apply to people registering for the
entire Spring 2018 I Liq Chuan Intensive

Participant non - ILC Member	\$ 585
ILC Member Student	\$ 535
ILC Member Student Level III and above	\$ 500
ILC Instructor Level I	\$ 475
ILC Instructor Level II and above	\$ 425

Registration is made through your payment for the seminars.
Registration is on a first come first serve basis;
and must be made and paid for in full in advance
to qualify for the discounted rates.

Weekday and Evening Workshop Tuition \$235

Discounts for ILC Members

Thursday and Friday Daytime Workshop Tuition \$ 85

Active ILC Members: \$ 80 - Students Level 3 & above: \$ 75
Certified I Liq Chuan Instructors - Level 1: \$ 70 - Level 2: \$ 65 - Level 3: \$ 60

Wednesday, Thursday and Friday Evening Workshop Tuition \$ 65

Active ILC Members: \$ 60 - Students Level 3 & above: \$ 55
Certified I Liq Chuan Instructors - Level 1: \$ 50 - Level 2: \$ 45 - Level 3: \$ 40

Weekend Workshop Tuition \$235

Discounts for ILC Members

Active ILC Members: \$215 - Students Level 3 & above: \$ 205

Certified I Liq Chuan Instructors - Level 1: \$195 - Level 2: \$185 - Level 3: \$175

PAID BY 04.24.2018 \$ 235 for 2 Days, \$125 1 Day AFTER 04.24.2018 \$ 250 2 Days, \$ 150 1 Day

To Register Contact Bernard Langan email: blangan@stillnessinmotion.com phone: (510)-261-4570