

**IN MOTION CENTER**  
1091 Calcot Place Suite 412  
Oakland, CA 94606

**ZHONG XIN DAO - I LIQ CHUAN - JUNE 2025 SEMINAR SERIES**



**JUNE 2025 INTENSIVE REGISTRATION FORM**

Your Name and (ILC Member Number if applicable)

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Your I Liq Chuan Instructor: \_\_\_\_\_

Your Student Level: \_\_\_\_\_ Instructor Level: \_\_\_\_\_

**DAY & EVENING SEMINARS HELD AT IN MOTION CENTER**

**ILC MEMEBERS** - Please determine and write in your Discounted Tuition from Page 2

\$_____	June 19 Thursday	12 noon - 5 pm	The Process of 'Zhong Xin Dao' Balance on the Point of Contact
\$_____	June 19 Thursday	7 pm - 9:30 pm	Fullness from Center Point Chi - Balance of the Body's Pressures
\$_____	June 20 Friday	12 noon - 5 pm	Planes, Half Lines & Quarters of Proper Shoulder Rotation
\$_____	June 20 Friday	7 pm - 9:30 pm	Procession of Rotation on a Circle Refining the Shoulder and Hip Rolls
\$_____	June 23 Monday	12 noon - 5 pm	Pivot - Changing on the Balance Point

**ILC MEMBERS GRADING**

**10 - 11:30 AM JUNE 23 MONDAY**

You will need to Inform your Instructor you are testing – and get Instructor approval  
before Paying Your Testing fee online at [www.iliqchuan.com](http://www.iliqchuan.com)  
All Grading will be in Full ILC Uniform with Sash - *No Exceptions*

**WEEKEND SEMINAR HELD AT AIKIDO INSTITUTE 5515 DOYLE ST. #2 EMERYVILLE, CA 94608**

\$ \_\_\_\_\_ June 21 Saturday Sticky Hands 10:30 am - 6:00 pm

Both Days \_\_\_\_\_

June 22 Sunday Sticky Hands 10:30 am - 6:00 pm

One Day \_\_\_\_\_

\$ \_\_\_\_\_ Total

The Following Discounts **PAID BY 06.10.2025**  
will apply to people registering for the entire June 2025 I Liq Chuan Intensive

Participant non - ILC Member \$ 595

ILC Member Student \$ 545

ILC Member Student Level III and above \$ 510

ILC Instructor Level I \$ 485

ILC Instructor Level II and above \$ 435

*Registration is made through your payment for the seminars.  
All registration is on a first come first serve basis; must be made and paid for in full in advance  
to qualify for the discounted rates.*

**WEEKDAY AND EVENING WORKSHOP TUITION**

**DISCOUNTS FOR ILC MEMBERS**

**Thursday, Friday and Monday Daytime Workshop Tuition \$ 85**

Active ILC Members: \$ 80 - Students Level 3 & above: \$ 75

Certified I Liq Chuan Instructors - Level 1: \$ 70 - Level 2: \$ 65 - Level 3: \$ 60

**Thursday and Friday Evening Workshop Tuition \$ 65**

Active ILC Members: \$ 60 - Students Level 3 & above: \$ 55

Certified I Liq Chuan Instructors - Level 1: \$ 50 - Level 2: \$ 45 - Level 3: \$ 40

**WEEKEND WORKSHOP TUITION \$ 235 BOTH DAYS \$ 125 ONE DAY**

**DISCOUNTS FOR ILC MEMBERS**

Active ILC Members: \$215 - Students Level 3 & above: \$ 205

Certified I Liq Chuan Instructors - Level 1: \$195 - Level 2: \$185 - Level 3: \$175

**PAID BY 06.10.2025** - \$ 235 for 2 Days, \$125 for 1 Day

**AFTER 06.10.2025** - \$250 for 2 Days, \$150 for 1 Day

To Register Contact Bernard Langan email: [blangan@stillnessinmotion.com](mailto:blangan@stillnessinmotion.com)

phone: (510)-261-4570