

IN MOTION CENTER **REGISTRATION FORM**

ZHONG XIN DAO - I LIQ CHUAN
MASTERS IN RESIDENCE SEMINAR SERIES



GRANDMASTER SAM F.S. CHIN / June 11-15, 2026

Your Name:

Student Level:

Instructor Level:

Your Email:

Instructor Name:

SEMINAR DESCRIPTIONS AND FEES

Please pre-determine and write in your tuition below, including any discounts (see page 2)

WEEKDAY & EVENING SEMINARS

Held at In Motion Center 1091 Calcot Place Suite 412 Oakland, CA

\$	June 11 Thursday	12pm - 5pm	The Process of Zhong Xin Dao: Bobbing and Stacking to Refine the Central Axis
\$	June 11 Thursday	7pm - 9:30pm	Loose, Soft & Elastic Power: Balancing the Point with Puncture Breathing
\$	June 12 Friday	12pm - 5pm	Stretching the Yang Line Along the Bone: The Motionless Pull & Suction of the Lower Hand
\$	June 12 Friday	7pm - 9:30pm	Keys to Balancing Pressure when Pivoting: Effectively Changing from Concave to Convex The Continuity of Aligning the X and the Cross
\$	June 15 Monday	12pm - 5pm	Pinning & Covering Energy of the Lower Hand: Coordination of the 6 Directions of the Elbow Opposite & Equal Power in the while Closing Vertical and Horizontal

WEEKEND SEMINAR

Held at Aikido Institute 5515 Doyle St. #2 Emeryville, CA

\$	June 13 Saturday June 14 Sunday	10:30pm - 6pm	Spinning & Sticky Hands: Timing & Spacing: The 3-Dimensional Awareness of the Mechanism of Movement Push & Pull of the Forking Lines in the Upper & Lower Hands Process
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GRAND TOTAL

\$

You can also submit this form by saving it and attaching it in an email to Bernard Langan:
blangan@stillnessinmotion.com / For questions or concerns please call: (510)-261-4570

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ZXD-ILC MASTERS IN RESIDENCE SEMINAR SERIES

TUITION SCHEDULE & DISCOUNTS

The Following Discounts PAID BY 06.01.2026 will apply to the entire Intensive

FULL TUITION

Non-Members	\$610
ILC Members	\$560
ILC Members Level 4 & above	\$525

Certified Instructors:

Level 1: \$500 / Level 2+: \$460

DAYTIME CLASSES (Thursday, Friday, Monday)

Non-Members	\$95
ILC Members	\$90
ILC Members Level 3 & above	\$85

Certified Instructors:

Level 1: \$80 / Level 2: \$75 / Level 3+: \$65

EVENING CLASSES (Thursday, Friday)

Non-Members	\$80
ILC Members	\$75
ILC Members Level 3 & above	\$70

Certified Instructors:

Level 1: \$65 / Level 2: \$60 / Level 3+: \$55

WEEKEND ONLY (Saturday & Sunday)

Non-Members	\$250 both days / \$145 one day
Non-Members (after Nov. 21)	\$270 both days / \$160 one day
ILC Members	\$235 both days
ILC Members Level 4 & above	\$215

Certified Instructors:

Level 1: \$205 / Level 2: \$195 / Level 3+: \$185

STUDENT & APPLICATION LEVEL GRADINGS

Grading will take place at during the Weekend Workshop on Sunday. You will need to inform your Instructor you will be testing and get Instructor approval **before paying your testing fee** online at www.ilichuan.com.

All grading will be in Full ILC Uniform with Sash - No Exceptions

Registration is made through your payment for the seminars. All registration is on a first come first served basis and must be made and paid for in full in advance to qualify for the discounted rates.